



THE SPA AT HOTEL YOUNTVILLE

## The Spa at Hotel Yountville

The synergies of mind, body, science and nature are embodied in a holistic approach to total body wellness in our eco-chic poolside Spa. Relax in our co-ed lounge, relish in one of our suites with Swiss showers and hydrotherapy tubs, and recover in an authentically crafted custom service for complete and restorative transformation.

## RITUALS

### *VINO THERAPY*

A quintessential wine country spa remedy that begins with a full body exfoliation using a cabernet enriched salt scrub to nourish the skin and remove impurities. Next, sink into an aromatherapy bubble bath while enjoying a glass of wine from a local vineyard. A full body massage with chardonnay grape seed oil delivers natural antioxidants to stimulate skin renewal and reveal your softest skin. You will leave feeling rested and renewed.

110 minutes | \$450

### *COUPLES RETREAT*

Reconnect during this intimate experience of a candle-lit bath and a glass of sparkling wine followed by side-by-side massages in the privacy of one of our Couples Suites.

80 minutes | \$350

110 minutes | \$450

*(priced per person)*

## BODY THERAPIES

### *BRIGHT & TIGHT DETOXIFYING BODY WRAP*

This full body brightening and toning ritual begins with a unique body cleanser that uses lactic acid and repairing papyrus stem cell extract to exfoliate, lighten and hydrate your skin. Next a stimulating, multi-peptide body lotion is applied to targeted areas to tighten and reduce the appearance of cellulite. A warm infra-red blanket wraps you in a cocoon of comfort to relieve aches & pains, reduce inflammation, burn calories and calm your mind as you receive an LED light facial to enhance your skin's natural radiance from the cellular level. A soothing massage with argan, coconut and hemp oils nourishes your skin and completes this firming and detoxifying ritual for mind, body and spirit renewal.

110 Minutes | \$450

### *SMOOTH RENEWAL*

An extraordinary skin softening treatment using the latest in body hydrating and plant stem cell technology. A foaming body polisher from coconut sugar and a combination of hydrating and softening oils, smooths rough, dry skin, while a luxurious, antioxidant silk soufflé massage, replenishes the body with soft delectable hydration.

50 minutes | \$225

80 minutes | \$325

## FACIAL THERAPIES

### *HYDRATING+*

Reveal your skin's radiance with this exclusive renewing and hydrating facial. Volumize skin and even skin tone with tropical fruit enzymes and vitamin C. Nourish skin back to a state of youth with an infusion of minerals, plant stem cells and brightening botanicals.

50 min | \$205

### *BRIGHTENING+*

The ultimate brightening facial that diminishes the appearance of sunspots and fine lines with lactic and mandelic acids. Awaken lackluster skin with energizing vitamin C, refreshing marine extracts and age defying epigenetic technology for a lasting radiant and youthful glow.

50 min | \$205

### *LUXE+*

Discover brilliant and renewed skin with this luxurious lifting facial. Exfoliating retinol smooths the appearance of fine lines while designer peptides and probiotics brighten and balance. Enjoy a blissful lymphatic massage as Cryotherapy calms and soothes. Protein rich caviar, turmeric, gold and silver minerals deeply nourish your skin for an extraordinary facial treatment.

80 min | \$325



## MASSAGE THERAPIES

### *HY ESSENTIAL*

This signature massage allows you to choose from two Hotel Yountville custom blends of aromatic oils synergistically combined with rhythmic, free-style techniques that are performed in harmony for relief from muscle tension and to promote deep relaxation.

50 min | \$205

80 min | \$300

### *VITALITY*

An Anti-aging full body massage with a caffeinated firming body lotion specifically created to stimulate healthy collagen and cellular turnover while reducing the appearance of cellulite and hydrating the skin.

50 min | \$225

80 min | \$325

### *SCALP AND STONE*

A head-to-toe ultimate way to indulge, this specialty massage utilizes warm stones and warm botanical oils to release tension and offer deep relief to sore muscles while providing essential nourishment for healthy and supple scalp and skin.

80 min | \$350

### *MATERNITY*

A customized massage to meet the distinct needs of our pre and post-natal guests for relief from muscle fatigue, lower back pain and increased strain on bones, muscles and ligaments.

50 min | \$205

80 min | \$300

Enjoy any of our Massage Therapies as a couples service for a deeper sense of connection (*priced per person*).



## ENHANCEMENT THERAPIES

Wellness additions to elevate your services and create a more personal spa journey. These enhancements are performed within the time frame of your service and do not add additional time to your service.

### *CBD*

Locally made CBD infused with eight pain relieving herbs including arnica, ginger and chamomile along with organically grown broad spectrum hemp oil.

\$40

### *SCALP THERAPY*

A luxurious scalp massage with warm conditioning hair oil.

\$40

### *LED FACIAL LIGHT THERAPY*

Experience the therapeutic benefits of 7 different light sources that promote circulation, calm skin redness, increase collagen, improve fine lines and tighten and brighten your skin.

\$40

## WELLNESS THERAPIES

Center yourself with mindful movement to decrease stress, improve, sleep and promote a healthy lifestyle. Please inform the spa concierge at the time of booking on which style of yoga you would like to experience. Classes require booking 24 hours prior to appointment time.

## YOGA

Private lesson | 60 minutes | 1-2 guests | \$350

All classes are tailored to fit your individual needs. Pricing is per class (subject to change).

## GUIDED MEDITATION

Private session | 30 minutes | 1-2 guests | \$225

A guided meditation experience designed to calm the mind, relax the body and center the soul.



### Spa Experience

The Spa at Hotel Yountville is exclusively for our hotel guests. For your convenience, Bardessono Hotel and Spa, is open to non-hotel guests based upon availability.

### The Boutique

Our poolside boutique offers an array of bespoke skin and body care products, clothing, accessories and giftables from California artisans.

### Spa Hours

Daily | 9:00AM - 6:00PM

### Cancellations

Cancellations less than 24 hours before the scheduled service(s) will be charged in full.

### Service Charge

For your convenience a 21% service charge will be added to your final bill for each spa service.

## THE SPA AT HOTEL YOUNTVILLE

6462 Washington Street, Yountville, CA 94599

P 707.967.7940

E [spa@hotelyountville.com](mailto:spa@hotelyountville.com) | [www.hotelyountville.com/spa](http://www.hotelyountville.com/spa)

