

THE SPA



We believe in the importance of fresh and organic ingredients and have dedicated ourselves to provide each guest with a unique experience that highlights the splendor of Napa Valley while acknowledging your specific needs.

**THE SPA** Where the outside world is shut out and guests can immerse themselves in a holistic wellness retreat, which will transform them not only in that moment but for the days ahead. Rejuvenate the body, mind and spirit in one of six luxurious treatment rooms, including two couples spa suites, Swiss showers, hydrotherapy tubs and a heated lap pool. Indulge in an authentically crafted service featuring selected top of the line luxury and organic products designed to enliven the spirit and uncover nature's beauty.

Escape the demands of everyday life as we awaken your senses and soothe your soul, leaving you feeling relaxed and rejuvenated. Any of our massages or body treatments can be enjoyed side-by-side for a personal couples' experience. Prices are per person.

## SEASONAL

Each treatment is designed around the needs of the season.

**SPRING:** Purify and renew is the desirable vitality.

**SUMMER:** Refresh, cool, and soothe during the warmth of summer.

**AUTUMN:** Relieve stress and restore balance of mind and body.

**WINTER:** Enhance your immune system and circulation.



## YOUNTVILLE SIGNATURE EXPERIENCE

80 min (30 min scrub / 50 min massage) | \$280/Weekdays | \$300/Weekends

110 min (30 min scrub / 30 min bath / 50 min massage) | \$375/Weekdays | \$395/Weekends

Chardonnay Wine Therapy products contain potent natural antioxidants which form a protective layer on the skin and stimulates the renewal of cells and collagen. To reveal your softest and smoothest skin we start with a full body exfoliation, using a gentle shea-butter enriched sugar scrub to nourish the skin and remove impurities.

## TLC FACIAL

50 min | \$185/Weekdays | \$205/Weekends

80 min | \$265/Weekdays | \$285/Weekends

Deep pore cleansing, exfoliation, steam and extractions as well as concentrated serums address specific skin needs. Enjoy complete relaxation through a soothing massage and customized treatment mask provide lasting results.

## THE EXCLUSIVE GENTLEMEN FACIAL

50 min | \$185/Weekdays | \$205/Weekends

Specifically designed for men, this results-oriented facial includes an old-fashioned hot towel application to soothe irritated skin. This facial leaves your complexion instantly energized.

## COLLAGEN LYMPHATIC INDULGENCE

80 min | \$285/Weekdays | \$305/Weekends

A potent dose of antioxidants helps to protect, brighten and increase collagen. Combined with a signature lymphatic massage to release toxins from your skin and rejuvenate with essential nutrients. This facial provides ultra-hydration, and leaves your face feeling soft and smooth, reducing wrinkles and fine lines.

Your time together is precious. These experiences have been designed to create an unforgettable spa journey with your loved one in the intimacy of your Couples Suite.

### COUPLES RETREAT

80 minutes | \$280/Weekdays | \$300/Weekends

110 minutes | \$360/Weekdays | \$380/Weekends

Reconnect with your sweetheart while you enjoy a 30-minute candle lit bath with a glass of sparkling wine. Follow this with a blissful side-by-side massage in the intimacy of our Couples Suite.



The HY Massages combine the talent of our skilled massage therapist with high quality organic ingredients to inspire well-being. These massages are designed to be tailored to fit each guest's needs.

### HOTEL YOUNTVILLE MASSAGE

50 min | \$185/Weekdays | \$205/Weekends

80 min | \$265/Weekdays | \$300/Weekends

Our team of experienced therapists will tailor your treatment to fit your needs and desires by incorporating a variety of therapeutic techniques to ease tension, address aches and pains and provide deep relaxation. Select from our unique seasonal blend.

### TABLE THAI MASSAGE

80 min | \$265/Weekdays | \$285/Weekends

This massage consists of rhythmic stretching and compressions to increase flexibility, vitality and energy. The therapist uses their hands, feet and hips to perform yoga-inspired stretches. *\*Please wear loose fitted clothing.*

### WARM STONE MASSAGE

80 min | \$265/Weekdays | \$300/Weekends

Practiced in ancient medicine for centuries, heated stone massage is a technique that is renowned for its healing and relaxing properties. A unique way to indulge, this specialty massage utilizes warmed stones to release tension and offer deep relief to sore muscles.

### MOM TO BE MASSAGE

50 min | \$185/Weekdays | \$205/Weekends

80 min | \$265/Weekdays | \$300/Weekends

This nourishing treatment combines infused oils to bring peace and harmony to mother and baby. This full body massage is designed to answer the developing needs and present a nurturing treatment. The massage helps to ease aches and pains while dry skin is replenished and supported in the fight against stretch marks.

### SPA ESCAPE

50 min | \$185/Weekdays | \$205/Weekends

80 min | \$265/Weekdays | \$300/Weekends

Indulge yourself in a "head to toe" experience. Our therapist will give you a full body treatment starting with your legs and feet to relieve tension, followed by a back, neck and shoulder massage. Finish off this experience with a scalp massage that will leave you feeling relaxed and stress free.



Exercising regularly can improve almost every aspect of your health from the inside out. There is a wide range of benefits, from reducing the risk of chronic disease, aiding in digestion, improving sleep and brain function, to decreasing stress and elevating your mood.

Exercise can also improve posture and stamina and is often more effective than dieting helping you to lose weight and keep it off.

Enjoy getting fit the Yountville way.

### YOGA PRIVATE SESSIONS 1-2 GUESTS

75 min - \$200

All of our classes are tailored to fit your needs. Please inform the spa concierge at the time of booking on which style of yoga/meditation you would like to experience.

\*All classes must be booked 24 hrs prior to time of appointment.

Pricing is per class not per person.





## SPA EXPERIENCE

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Rejuvenate the body, mind and spirit in one of six luxurious treatment rooms including two couples spa suites, Swiss showers, hydrotherapy tubs and a heated lap pool framed by the Mayacamas and St. Helena Mountains.

## CANCELLATIONS

Cancellations less than 24 hours before the scheduled service(s) will be charged in full.

## GRATUITY

For your convenience a 21% gratuity will be added to your final bill for each spa service.

## SPA HOURS

9:00am to 6:00pm Daily

## SPA BOUTIQUE

The Spa offers a wide selection of wellness lines including products designed for men, aromatherapy and seasonal offerings.

Our product lines include refreshing tonics and toners, moisturizers, nourishing serums, invigorating exfoliants and mineral rich masks.

# THESPA

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